DELPHI DOLBaPP QUESTIONNAIRE (Form O3)

Q1- In the last 4 weeks, have you had pain in your lower back (in the area shown on the diagram)? Please ignore pain caused by menstruation or by an illness accompanied by fever.		
Yes	No 🗌	
Q2- If yes, was this pain bad enough to limit your usual activities or change your daily routine for more than one day?		
Yes	No 🗌	
Q3- In the last 4 weeks, have you had pain that goes down the leg?		
Yes	No 🗌	
Q4- If yes, has this pain gone below the knee?		
Yes	No 🗌	
Q5- If you had pain in your lower back <u>in the last 4 weeks</u> , how often did you have the pain?		
☐ On some days	On most days	☐ Every day
Q6- If you had low back pain <u>in the last 4 weeks</u> , how long was it since you had a whole month without any low back pain? (Please tick only one box).		
	hs e, but less than 7 months e, but less than 3 years	

Q7- If you had low back pain <u>in the last 4 weeks</u>, please indicate what was the usual intensity of your pain on a scale of 0 to 10, where 0 means "no pain" and 10 means "the worst pain imaginable". (Please circle your answer).

0 1 2 3 4 5 6 7 8 9 10 No pain Worst pain

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The body diagram was first published in Kuorinka I, Jonsson B Kilbom A et al. Standardised Nordic questionnaires for the analysis of musculoskeletal symptoms. *Applied Ergonomics* 1987, 18(3):233-7, and is used with the publisher's permission.