

# DELPHI DEFINITIONS OF LOW BACK PAIN PREVALENCE (DOLBaPP)

## MINIMAL Definition

**Figure 1.** Final minimal definition of low back pain that results from the Delphi study. The diagram should be used in face-to-face interviews and questionnaires (a), and the wording alone used in telephone surveys (b). The diagram is used with the publisher's permission.

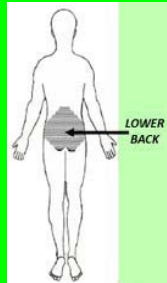
a) For face-to-face interviews and paper or online questionnaires:

**In the last 4 weeks, have you had pain in your lower back (in the area shown on the diagram)?**

Yes  No

**If yes, was this pain bad enough to limit your usual activities or change your daily routine for more than one day?**

Yes  No



b) For telephone surveys:

**In the last 4 weeks, have you had pain in your lower back?**

Yes  No

**If yes, was this pain bad enough to limit your usual activities or change your daily routine for more than one day?**

Yes  No

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The body diagram was first published in Kuorinka I, Jonsson B Kilbom A et al. Standardised Nordic questionnaires for the analysis of musculoskeletal symptoms. [Applied Ergonomics 1987; 18\(3\):233-7](#), and is used with the publisher's permission.